

APRIL 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CHICKEN STIR FRY BROWN RICE ORIENTAL VEG PINEAPPLE BITS	2 American Chop Suey W/ noodles & /sauce Greens Beans Bread	3 ROAST TURKEY with GRAVY MASHED POTATOES CALI BLEND VEGETABLES CRANBERRY SAUCE APPLE CRISP	6 Meatball Grinder Salad	7 BBQ CHICKEN BBQ SAUCE MACARONI & CHEESE SPINACH PEACHES
8 CHICKEN DIVAN ROASTED POTATOES SONOMA BLEND VEG PEARS	9 Breakfast for Lunch Eggs Bacon French Toast	10 COBB SALAD CORN MUFFIN ORANGE	11 Meatloaf Mashed Potatoes Corn	12 CHICKEN SHAWARMA HERBED RICE MIXED VEGETABLES PITA BREAD TZATZIKI SAUCE FRUIT JUICE BUTTERSCOTCH PUDDING
15 CHEESE TORTELLINI PESTO CREAM SAUCE ITALIAN BLEND VEGETABLES TROPICAL FRUIT	16 Tomato Soup Mac & Cheese	17 BATTERED FISH FRENCH FRIES COLE SLAW BAKED BEANS BANANA	18 Turkey Sandwich Lettuce, Tomato Coleslaw	19 EGGPLANT PARMESAN ITALIAN BLEND VEG GARLIC KNOT MANDARIN ORANGES
22 BAKED COD LEMON PICCATA SAUCE RICE PILAF GREEN BEANS MANDARIN ORANGES	23 BBQ Ribs Potato Salad	24 BIRTHDAY LUNCHEON SALISBURY STEAK with GRAVY MASHED POTATOES GREEN BEANS FRUIT JUICE BIRTHDAY CAKE	25 Chicken Pot Pie Bread	26 MEATLOAF with GRAVY MASHED POTATOES CARROT COINS PEACH CRISP
29 SWEDISH MEATBALLS With BEEF GRAVY EGG NOODLES PEAS SAUTED APPLES	30 Cheeseburger W/ all the fixings Coleslaw			

(Menu subject to change)

Meals are served Monday – Friday @ 12:00pm to persons 60 years of age or older.

Meal reservations need to be made 24hrs. in advance by calling:

East Haddam Senior Center @ **873-5034**

\$4.00 donation is required